

# Trauma Recovery Response: May 2020

## New Ways of Working

### Our trauma recovery response to Covid-19

New Ways of Working is centred around a trauma informed approach to practice.

Partners already involved in this met last week to consider how best to plan and respond to what is likely to be a phased 're-setting' and 'recovery' of our system as we begin to re-introduce a more 'usual' way of life.

A joint approach is being taken with the Safeguarding Children's Partnership and Safeguarding Adults Board, ensuring all work is underpinned by Think Family.

### Aims and objectives

Drawing on the principles of the New Ways of Working 'one workforce approach' and building on trauma informed practice and motivational interviewing we will:

- Ensure children, families and vulnerable adults across the continuum are supported back into a usual way of life
- Prevent increased need, risk and vulnerabilities
- Improve outcomes and build resilience
- Strengthen and prevent an increase in demand across services
- Develop a phased recovery programme, responsive to government guidance

### Learning from mass trauma

Consideration is being given to lessons learnt from other traumatic events such as Ebola in 2014-15, the London bomb in 2005 and more recently the Manchester bomb in 2017.

Five principles inform our trauma response:

- Provide a sense of safety
- Calming
- Sense of self and community efficacy
- Connectedness
- Provide hope

These principles will be in the forefront of our recovery response.

### Trauma Recovery Model

It was agreed at the above meeting that four key components will support the recovery programme, maximising the expertise and knowledge within the partnership:

- Trauma Recovery Model
- Pathways and Services
- Training and Development
- Communication

Each component or workstream will meet weekly, working to tight timescales for completion of activities to support our collective response.

### Learning conversations and multi-agency group supervisions

We continue to use Microsoft Teams to offer this service online. This is working well with very positive engagement. If you are working with a family who would benefit contact

[PiP.Admin@cheshirewestandchester.gov.uk](mailto:PiP.Admin@cheshirewestandchester.gov.uk)

### How you can get involved

If you would like to be involved in any of the workstreams to help champion the trauma recovery model in your organisation please contact

[PiP.Admin@cheshirewestandchester.gov.uk](mailto:PiP.Admin@cheshirewestandchester.gov.uk)